



Reach us

By Road:

Easily connected with all major highways

Distance from: New Delhi: 967 Km / 15 hrs

Mumbai: 470 km / 8 hrs

Ahmedabad: 151 km / 2 hrs

By Train:

Nearest Railway Station: Vadodara Junction

Center is 60-minute drive from the station

By Air:

Fly to Vadodara (Domestic Airport)

Our Center is 60 minute drive from the airport

Fly to Ahmedabad (International Airport)

Take Highway NE-1 or NH-8 for Vadodara (1 hour 50 minutes)

& then take Vadodara - Halol road to Jambughoda which is 60 minutes.



Owned and managed by: Xenia Healing Center LLP

Center Address:

Village: Narukot, Pavagadh-Jambughoda Road, Nr. Don Bosco School,
Taluka - Jambughoda, Dist. Panchmahal - 389390, Gujarat, India.

Corporate Office - India:
4th Floor, Riya Plex, 80, Urmi Soc.,
Nr. Haveli Mandir, Productivity Road,
Vadodara - 390007, Gujarat, India.

✉ info@alphahealingcenter.in

Corporate Office - USA:
53 Knightsbridge Road,
Piscataway Township,
NJ 08854, USA.

🌐 alphahealingcenter.in

Request A Free Consultation

✉ info@alphahealingcenter.in

☎ **1800 547 2060**

Communication will be confidential

Alpha 
Healing Center
Deaddiction - Rehab Center



**RIISING ABOVE
REHABILITATION**
Fostering Recovery, Resilience and Wellness

REHABILITATION RISES TO A NEW DIMENSION

At Alpha Healing Center,
we offer state-of-the-art
evidence-based treatments
and holistic healing to
create a unique recovery
experience for individuals
struggling with alcohol
and drug use problems.

Testimonials

Our success is reflected in the
recovery of our patients. Here are
a few testimonials from people
who have triumphed over
addiction with us.



“

I felt like it was my second home. I had a comfortable experience as the treatment helped me to get rid of my bad habits with excellent amenities and support from staff. I will recommend Alpha Healing Center to everyone who needs it.

- Ex-Client

”

“

I had already tried 2-3 centers, but Alpha Healing Center provided me proper healing. They treated me like family and everyone was generous in their services. The hypnotherapy, yoga and other sessions really helped me to leave addiction behind.

- Ex-Client

”

“

It was a detailed treatment and the staff members, doctors & therapists guided me through my journey. I was able to work remotely with the help of abundant amenities & would definitely recommend Alpha Healing Center for recovering from addiction.

- Ex-Client

”

“

It was a positive healing experience for me in a soothing environment and the indoor & outdoor activities helped in proper treatment. We had individual therapy sessions in the morning which served as a turning point in my recovery from alcohol addiction.

- Ex-Client

”

Discharge and Aftercare

We believe that a seamless **Continuing Care Approach** is fundamental to achieving the desired goal of long term recovery for our clients.



✿ Continuing Care Approach

We try to make sure that services and supports at Alpha Healing Center are provided in a coordinated fashion in collaboration with the client's previous treatment providers. Thereby ensuring his/her home community a continuity of care both over time and across agency boundaries, and maximizing the person's opportunities for establishing, or re-establishing, a safe, dignified, and meaningful life in the communities of his or her choice.

✿ Recovery-oriented Care Planning

Recovery-oriented care is what addiction treatment and rehabilitation practitioners offer in support of the individual/family's own recovery efforts. Evidence indicates that a life-long commitment to the recovery lifestyle as well as structured post-rehabilitation support improve long term outcomes for individuals with substance abuse. Consequently aftercare planning and support is an integral part of the treatment process at Alpha Healing Center.

The primary therapist and case managers meet with our clients during their treatment to develop a personalized after-care plan that match their needs with resources, supervision and support in their home community. We coordinate referrals and appointments with inpatient treatment programs, community treatment providers and self-help groups, facilitate safe and sober living arrangements, and involve the family in care-planning.

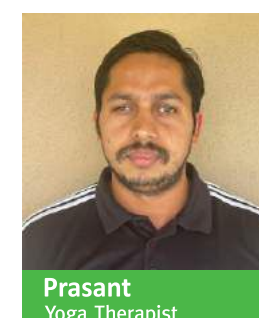
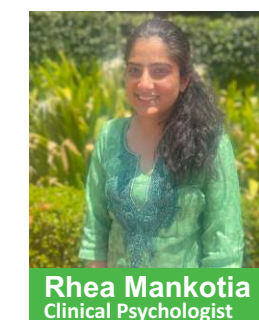
Our therapists discuss with clients an array of accessible community services and supports which are most responsive in addressing their particular behavioral health needs. The goal is to promote the person/family's sobriety, resilience, and inclusion in community life.

At discharge, each client receives a concise and complete after-care plan that summarizes the recommendations, referrals and resources to maintain recovery. After discharge from our program, our staff arranges follow up contacts with clients through telephone, electronic mail, and social media to ensure adherence with recovery maintenance services. Our goal is to maintain a therapeutic relationship with each client even after discharge, thereby greatly enhancing his/her ability to successfully sustain their recovery.

✿ Why choose Alpha Healing Center?

Highlights of our treatment approach

- ✿ Experience of running an International Center in New Jersey.
- ✿ De-addiction experts review cases on weekly basis.
- ✿ Innovative therapies like AAT, art and music, hypnosis practiced.
- ✿ Electronic Medical Records (EMR) to ensure transparency and confidentiality.
- ✿ Residential 8-12 week program to meet individual client needs.
- ✿ Holistic model of purification involving body, mind and soul.
- ✿ Ultra modern recreational facilities like indoor and outdoor sports, organic farming, spa & massage and in-house theatre.
- ✿ Our team of experienced counselors and psychiatrists trained under international experts.
- ✿ Exclusive female zones with 24 hour female security guard.



Treatment & Interventions

In motivational enhancement therapy, clinicians influence change process by developing a therapeutic relationship, one that respects and builds on the client's autonomy and, at the same time, makes the treatment counselor a participant in the change process.



Our treatment approach is based on three simple principles:

1. Is it in the best interest of the client?
2. Is it supported by scientific and/or clinical evidence?
3. Will it improve outcomes of abstinence and recovery?

Behavioral treatment approaches include:

- ✱ **Cognitive Behavioral Therapy (CBT)**
- ✱ **Motivational Enhancement Therapy (MET)**
- ✱ **Relapse Prevention Therapy (RPT)**
- ✱ **Group Therapy**

The treatment team at the Alpha Healing Center embraces a variety of behavioral and medication treatment approaches that are supported by strong scientific evidence and designed to improve outcomes for clients suffering from addictive disorders. We believe that individuals face several challenges in dealing with substance-related issues, and accordingly we design a personalized treatment approach that has the best possibility of achieving the successful outcome of abstinence.

- ✱ **Twelve-Step Facilitation (12 - Step)**
- ✱ **Family Therapy**
- ✱ **Individual Therapy**

✱ Medication Management

At Alpha Healing Center, medication management is supervised by a licensed and qualified psychiatrist to control distressing symptoms and improve the quality of life. Medications are generally used with the following four goals:

1. Problems for acute and maintenance treatment of co-occurring psychiatric disorders.
2. For symptom-specific improvement (e.g. treatment of insomnia).
3. To achieve abstinence or reduction in the use of alcohol and drugs.
4. To reduce relapse into alcohol or drug use.

Admission Process

We take extra care to bring you peace of mind during the admission process, which, as the first step towards recovery, can often be the most difficult.



Once you have made the courageous decision to go into treatment, you may feel overwhelmed with all the options available to you. By calling our 24-hour toll-free number at 1800 547 2060, we can help make the admission process easy and straightforward. The admission team at Alpha Healing Center is available to help ease your mind at this stressful time.

✱ Are you ready to get the help you need?

These few steps will take place during the admission process:

✱ Speak with our Intake Coordinators – +91 90041 91108, +91 63512 40065

Our team of intake coordinators will give you all the information you need to know about your first step towards a new life. They can do a complimentary check for your insurance benefits and help decide if Alpha Healing Center is right for you.

✱ Choose a Program

We offer programs based on your individual needs. Whether you are a professional, male or female, we have a program tailored to your needs.

✱ Tour our Facility

You can request a tour of the treatment facility. This will ease your mind that your stay will include a comfortable and supportive environment. To request a tour, please call or email us at info@alphahealingcenter.in

✱ Set up Enrollment

Due to highly individualized care, the space at our facility is limited. So please reserve your admission as soon as you are ready.

For package related queries, drop us a mail on info@alphahealingcenter.in or call us on our number +91 90041 91108, +91 63512 40065 Toll Free number 1800 547 2060

Our Facilities

In addition to our world class treatment program, contemporary facilities and a serene location, our clients will also receive prompt and tailored services from our warm & courteous staff.



Holistic Recovery & Innovative Therapies

We emphasize the importance of understanding the whole person rather than just the disease. Wellness is a life-long journey that requires personal responsibility and commitment.



Deluxe Rooms



Single Rooms



Cafeteria



Yoga Room



Fitness Center



Spa & Massage Room



Indoor Games



Outdoor Games



Swimming Pool

✧ Innovative Therapies

Addiction is a brain disease. Alpha Healing Center offers novel treatments supported by neuroscience research to improve brain health. They include: **Hypnotherapy, Animal Assisted Therapy (AAT) and Music Therapy.** These treatments are personalized, non-invasive, and target core brain functions such as Thinking, Feeling, Emotions, Sleep and Self-Regulation.

✧ Wellness Program

We encourage our clients to eat a balanced diet, exercise, get adequate rest through stress-release techniques. We urge them to express in some form of creative endeavor, gain & maintain a positive self-image, and become involved in spiritual activities.

Clients learn to treat their body with care and respect and begin to lay the basic foundation of healthy lifestyle habits that counteract addictive behaviors. Classes include health risk, nutrition counseling, smoking cessation and life skills.

✧ Treatment Philosophy

- ✧ **Holistic Recovery:** We engage and sustain the entire individual – including physical (biological), emotional (psychological), intellectual and social aspects, to recover your overall health and wellness.
- ✧ **Integrative Medicine:** We will use integrated approaches which are derived from diverse disciplines with the common aim of restoring physical, mental, social and spiritual health.
- ✧ **Individualized and Family Centered Approach:** Our approach focuses on the unique needs of the individual and his or her family. Thus, our orientation is both individualized and family centered.
- ✧ **Evidence based Treatments:** We have a highly experienced clinical team that offers a variety of treatments that are supported with solid scientific evidences.
- ✧ **Respectful Environment:** Recovery occurs best in an environment that is peaceful, respectful and nurturing so that the individuals can heal from their suffering and expand their spiritual connection. Thus, Alpha Healing Center is created as a sanctuary for the human soul.
- ✧ **Continuity of Care:** Our team will reach out to your community treatment providers to communicate your progress and involve them in your after-care. If necessary, we will link you with appropriate treatment options in your home environment after your discharge from Alpha Healing Center.

Alcohol / Drug / Opioid Detoxification Program

This program is a Residential (Inpatient) model for individuals requiring detoxification from alcohol, drugs and opiates, including all the benefits of inpatient detoxification but in a less-restrictive, cost-effective environment.



✧ Residential (Inpatient) Detoxification

Alpha Healing Center is licensed to provide Residential (Inpatient) detoxification from alcohol, drugs and opiates for individuals who meet admission criteria for the program. The program is designed to treat the client's level of clinical severity and to achieve safe and comfortable withdrawal from all addictions to facilitate transition into ongoing recovery. The program includes the following components:

✧ Comprehensive Medical Assessment and Determination of Level of Care

✧ Medical Detoxification

✧ Counseling and Psychotherapy

✧ Admission Criteria

- ✧ Individuals 18 years and older in age
- ✧ Diagnosis of alcohol and drug dependence
- ✧ No history of complicated or unstable medical or psychiatric illness
- ✧ No history of complicated medical or psychological detoxification
- ✧ Ability and agreement to follow detoxification regime
- ✧ Supportive recovery environment
- ✧ Ability and agreement to participate in counseling and Psychotherapy support
- ✧ Reasonable treatment acceptance

Family Program

At Alpha Healing Center, we recognize that families can serve as a stable platform to support substance using individuals to rebuild their lives.



✧ Structure

As an evidence based practice, we believe family involvement in the treatment of addictive disease is essential. We recognize that families care for their loved ones, are often hurt by the destructive effects of addiction, and can aid or impair recovery. Consequently, we involve the family very early and throughout the treatment program at Alpha Healing Center.

✧ Family Counseling

We encourage family members to participate in regular weekly counseling sessions in order to initiate the necessary healing within the family relationships, address co-dependency and enabling behaviors, and facilitate setting of boundaries and limits. We adopt a system based approach to rebuild appropriate roles and relationships within the family unit. In addition, we work with both the clients and their families to identify issues that will need to be addressed after discharge of the client.

✧ Family Involvement

Family members are asked to participate during the assessment process, are informed about the clinical progress of the client and are involved in the development of aftercare plans. We maintain an ongoing dialogue with the family members and encourage feedback on progress of the client. This collaborative approach that values and respects family input is an integral part of our philosophy.